



WEEKLY MEAL CALENDAR

		Monday	Tuesday	Wednesday	Thursday	Friday
Week: 1	Breakfast	Cheerios Fresh Fruit Milk	Waffle Fresh Fruit Milk	Pancakes & Sausage Fresh Fruit Milk	French toast Fresh Fruit Milk	Yogurt Oats Fresh Fruit Milk
	AM Snacks	Goldfish Crackers	Pretzel Sticks	Whole Grain Crackers	Cheez-it	Animal Crackers
	Lunch	Chicken Quesadilla Fresh Vegetable Fresh fruit Milk	Mini Pasta Shells with Pesto Sauce, Fresh Vegetable Fresh Fruit Milk	Mac & Cheese Fresh Vegetable Fresh Fruit Milk	Beef Meatballs with Buttered Noodles, Fresh Vegetable Fresh Fruit Milk	Cheese Pizza Fresh Vegetable Fresh Fruit Milk
	PM Snacks	Graham Crackers Fresh Fruit	Goldfish Crackers Cheese Cubes	Dry Cereal (Cheerios) Milk	Pretzel Sticks Fresh Fruit	Whole Grain Crackers, Cheese Cubes



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		Monday	Tuesday	Wednesday	Thursday	Friday
Week: 2	Breakfast	Cheerios Fresh Fruit Milk	Waffle Fresh Fruit Milk	Pancakes & Sausage Fresh Fruit Milk	French Toast Fresh Fruit Milk	Yogurt Oats Fresh Fruit Milk
	AM Snacks	Goldfish Crackers	Pretzel Sticks	Whole Grain Crackers	Cheez-It	Animal Crackers
	Lunch	Chicken Nuggets Sweet Potato Fries Fresh Vegetable Fresh fruit Milk	Turkey & Cheese Quesadilla, Fresh Vegetable Fresh Fruit Milk	Penne Pasta With Meat Sauce Fresh Vegetable Fresh Fruit Milk	Been & Cheese Burrito Fresh Vegetable Fresh Fruit Milk	Pepperoni Pizza Fresh Vegetable Fresh Fruit Milk
	PM Snacks	Cheez-its Fresh Fruit	Animal Crackers Milk	Whole Grain Granola Bar, Fresh fruit	Whole Grain Crackers, Cheese Cubes	Dry Cereal (Cheerios) Fresh Fruit



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		Monday	Tuesday	Wednesday	Thursday	Friday
Week: 3	Breakfast	Cheerios Fresh Fruit Milk	Waffle Fresh Fruit Milk	Pancakes & Sausage Fresh Fruit Milk	Mini Bagel with Cream Cheese Fresh Fruit Milk	Yogurt Oats Fresh Fruit Milk
	AM Snacks	Goldfish Crackers	Pretzel Sticks	Whole Grain Crackers	Cheez-it	Animal Crackers
	Lunch	Turkey Taco (soft shell) with Shredded Cheese, Lettuce & Tomatoes, Fresh Fruit Milk	Chicken & Cheese Wrap Fresh Vegetable Fresh Fruit Milk	Ham & Cheese Sandwich, Fresh Vegetable Fresh Fruit Milk	Buttered Noodles Fresh Vegetable, Fresh Fruit Milk	Cheese Pizza Fresh Vegetable Fresh Fruit Milk
	PM Snacks	Graham Crackers Fresh Fruit	Goldfish Crackers Cheese Cubes	Dry Cereal (Cheerios) Milk	Pretzel Sticks Fresh Fruit	Whole Grain Crackers, Cheese Cubes



WEEKLY MEAL CALENDAR

		Monday	Tuesday	Wednesday	Thursday	Friday
Week: 4	Breakfast	Cheerios Fresh Fruit Milk	Waffle Fresh Fruit Milk	Pancakes & Sausage Fresh Fruit Milk	French Toast Fresh Fruit Milk	Yogurt Oats Fresh Fruit Milk
	AM Snacks	Goldfish Crackers	Pretzel Sticks	Whole Grain Crackers	Cheez-it	Animal Crackers
	Lunch	Baked Fish Sticks Tater Tots Fresh Vegetable Fresh Fruit Milk	Cheese Quesadilla Fresh Vegetable Fresh Fruit Milk	Beef Meatballs Dinner Roll Fresh Vegetable Fresh Fruit Milk	Cheese Ravioli with Marinara Sauce, Fresh Vegetable Fresh Fruit Milk	Pepperoni Pizza Fresh Vegetable Fresh Fruit Milk
	PM Snacks	Cheez-its Fresh fruit	Animal Crackers Milk	Whole Grain Granola Bar, Fresh Fruit	Whole Grain Crackers, Cheese Cubes	Dry Cereal (Cheerios) Fresh Fruit